

# Sustainably uplifting rural isolated communities within South Africa



2014 Annual Report

Flying for Life

## OUR VISION

TO BRING HELP, HOPE AND HEALING TO RURAL ISOLATED COMMUNITIES WITHIN SOUTH AFRICA

## OUR PURPOSE

TO USE AIR TRANSPORT IN ORDER TO PROVIDE SUSTAINABLE COMMUNITY DEVELOPMENT SOLUTIONS THROUGH OUR PARTNERSHIPS WITH NON-PROFIT ORGANISATIONS, DOCTORS, EARLY CHILDHOOD DEVELOPEMNT (ECD) SPECIALISTS AND OTHER PROFESSIONALS

## OUR VALUES

EMBODIED IN THREE KEY WORDS: HELP, HOPE AND HEALING

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### WHAT IS FFL?

Flying for life is a registered Section 18A Public Benefit Organisation (2011/002050/08) that is committed to taking help, hope and healing to rural isolated communities in South Africa.

Flying for Life enables medical professionals, early childhood development trainers, social development specialists and other non-profit organisations to assist communities in need. We develop relationships and identify different needs in these communities that are beyond the reach of reliable roads, and use aviation to bring them the solutions they need.

Flying for Life currently focuses on the communities living in the Vhembe

District of Limpopo and partners with the Tshikundamalema and Ha-Makuya tribes, which consists of 46 villages collectively.

We partner with Love Trust, Farming God's Way, ZEMA, Davar, Pink Drive, CANSA, JAM, volunteer medical practitioners and the local tribal authorities to ensure we sustainably uplift the community according to their most urgent needs.

All of this is only possible through the dedicated volunteers, partners, and financial support provided by our donors.



**We appreciate your assistance. Doctors outreach reduce long waiting times and referrals to higher centres of care. We might not see much difference in mortality figures but the outreach by the flying team is certainly making a big difference to individuals and their families as it means saving on their resources as well as being assisted near home before their conditions complicate further.**



**Dr M Ramavhuya**  
– Department of Health, Limpopo



# Passion and commitment come standard with Flying for Life



Our projects have really taken off this year, in more ways than one!

It is amazing how vital building trust with a community is and how it opens up so many doors once trust is built. "Our word is our bond" - that has been our motto for the last year. Whatever we say we are going to do, we make sure we do it and do it properly. The people in the Venda communities have opened themselves to us and even the local Department of Health in Limpopo welcomes us and relies on us for help. Together we believe we can make a sustainable impact in communities that are isolated and sometimes forgotten.

Thank you to all our partners: Those that fly with us, those that give financially and those that support us through their skills. Without you this work would not be done and people's lives would not be touched and transformed.

We're super excited to see the projects grow from strength to strength and to be able to take the Flying for Life model and implement it in other provinces where communities are isolated and hard to reach via road.

Together we can make a difference and we can be the change we want to see in South Africa!

Maxine Holman  
Managing Director of Flying for Life





## EARLY CHILDHOOD DEVELOPMENT

Early Childhood  
Development  
by numbers for 2014



10 flights

1 creche built

4 partner organisations flown

2300 children fed daily

Though many think that the lack of adequate pre-schooling isn't a dire need, when you look at the problems facing our nation, many of them stem from early childhood. Mental health issues, obesity, heart disease, criminality and the poor educational achievements faced by adults are often traced back to inadequate development during the early years. Research has shown that it is vitally important for young children to get good nutrition and the right physical and intellectual stimulation to develop into psychologically and emotionally well-rounded adults. If people are a nation's greatest assets then we really need to address this deficit. As much as this is a problem in urban areas, in remote rural regions, like the Ha-Makuya Municipality in Venda, Limpopo, the need is especially great.

\* In 2014 we built a crèche for the Gondeni community. They were schooling 50 children in a community member's hut but now have their own classroom, storeroom, toilet and water tank.

\* We enabled JAM to feed 2 300 children breakfast on a daily basis.





## HEALTH CARE



Health Care  
by numbers for 2014

17 flights

17 communities served

5 medical volunteers

2 partner organisations flown

380 patients seen



Through our Flying for Life project we started general practitioner visits at the Ha - Makuya clinic and a dental campaign at Donald Fraser Hospital. We also saw an increase in volunteer ophthalmologists joining the team and they were able to train the local nurses to assist with the surgeries.

### OPHTHALMOLOGISTS IN ACTION

\*Sarah Mudalahothe a 59-year-old woman from the nearby Tshitereke Village and cleaner at Donald Fraser Hospital. She was going blind and seeing smoke instead of clear images. She said that she is so grateful for access to the eye clinic and that she received eye surgery. She was especially happy about the good treatment from the doctors and nurses – and that she is happy to see again.

\*Angelina Ragimane travelled to many hospitals in the Vhembe District without receiving any assistance. She was happy that she found the help she needed at DFH through our project. She said thank you over and over again, just to express her joy and gratitude.

\*Mbulaheni Mukhwevho had been to DFH twice before and turned back as his eyes needed complicated surgery that could only be provided by one of our volunteer ophthalmologists, Professor Polla Roux.

### GENERAL PRACTITIONERS IN ACTION

\*On one visit to the Ha-Makuya clinic Dr van Lochem managed to consult with 48 chronic patients. Unfortunately the doctors in the area don't get around to visiting all the clinics, which results in chronic need patients waiting up to a month to be seen by a doctor.

### DENTISTS IN ACTION

\*Dr Daan Eksteen, a retired dentist, and Amorie

Booyesen, an oral hygienist from Smile of Joy took part in the Donald Fraser Hospital dental awareness campaign whereby 100 children were taught the importance of oral hygiene and brushing their teeth. They were all given a toothbrush and toothpaste to help them implement what they learnt about good oral hygiene.

### CHOC AND PINK DRIVE IN ACTION

\*CHOC and Pink Drive train professional nurses, home based care workers, clinic managers and even traditional healers in the very rural clinics about cancer and how to detect it in its early stages.





# 2015 goals

In 2015 we will be partnering with key organisation that will be implementing teacher training, teaching the communities how to farm and embarking on enterprise development.



## LOVE TRUST

The objective is

1. To teach NQL4 ECD to 10 local ECD caregivers which will take 2 years.
2. To train and impart skills to a local teacher, Josephine, so that she will be able to carry out the training the following year.

## FARMING GOD'S WAY

The objective is

1. To assist the community with their agriculture, to teach a farming system.
2. To assist chronic patients and the general community in growing their own nutritional food.
3. Developing a system that can catch on in other communities.
4. Developing and increasing enterprise development in terms of sale of produce grown.



## ENTERPRISE DEVELOPMENT

The goal is

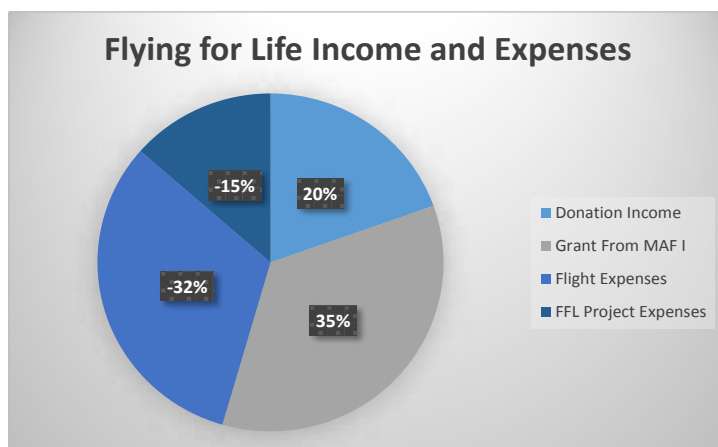
1. To enable the community to make and sell products in order to support themselves and earn a salary.



# 2014 Financial Report

## Flying for Life Income and Expenses

Type of income	ZAR
Donation Income	336 200
Grant From MAF I	600 000
Flight Expenses	(549 128)
FFL Project Expenses	(232 783)
<b>Net result</b>	<b>154 289</b>



## Flying for Life 2014 in numbers

25 flights

18 partners flown

17 communities impacted

142 eye surgeries performed

238 patients seen

1 creche built



## **FLYING FOR LIFE**

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